

## *Betsy's Southwest Banana Bread*

6 medium bananas, mashed  
2/3 cup oil or melted butter  
2/3 cup agave nectar  
6 eggs, beaten  
3 cups whole wheat flour  
1 cup mesquite/almond flour  
1 tsp. salt  
3 tsp. baking soda  
1/2 cup hot water  
2 cups chopped almonds  
2 cups chopped walnuts  
1 cup chopped raisins

Optional: 3T ginger

Beat oil and honey together. Add eggs, mix well. Stir in bananas.  
Add dry ingredients alternately with hot water; mix until smooth.

Bake in 2 greased 9 x 5 x 3 loaf pan at 350 degrees for 60 minutes or until toothpick comes out clean.

Cool on wire rack for ½ hour before slicing. Freezes well.